



# 2026 Bryan Clay Invitational Multis

## Heptathlon FINAL Time Schedule

**\*Estimated Rolling Schedule\***

Updated: [04/04/2026]

<b>Thursday April 9th, 2026</b>		
<b>Heptathlon (Day 1)</b>		
<b>Sections C &amp; D</b>		
Start Time	End Time	Event
11:00 AM	-	100m Hurdles
11:45 AM	1:15 PM	High Jump
2:15 PM	3:00 PM	Shot Put
3:30 PM	-	200m
<b>Sections A &amp; B</b>		
Start Time	End Time	Event
3:30 PM	-	100m Hurdles
4:15 PM	5:45 PM	High Jump
6:15 PM	7:00 PM	Shot Put
7:30 PM	-	200m

<b>Friday April 10th, 2026</b>		
<b>Heptathlon (Day 2)</b>		
<b>Section D</b>		
Start Time	End Time	Event
11:00 AM	-	Long Jump
12:00 PM	-	Javelin Throw
1:00 PM	-	800m
<b>Section C</b>		
Start Time	End Time	Event
12:00 PM	-	Long Jump
1:00 PM	-	Javelin Throw
2:00 PM	-	800m
<b>Section B</b>		
Start Time	End Time	Event
1:00 PM	-	Long Jump
2:00 PM	-	Javelin Throw
3:00 PM	-	800m
<b>Section A</b>		
Start Time	End Time	Event
2:00 PM	-	Long Jump
3:00 PM	-	Javelin Throw
4:00 PM	-	800m